

PULS E Newsletter 3

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Message from Chairman



Message from CEO



"A person is a person through other people" –The core philosophy of Ubuntu - an ideology that originated in South Africa with a belief in the universal bond of sharing that connects all humanity – Vasudhaiva Kudumbakam –The world is one family. How true it is!. Since March 2020 till date the whole world set aside all their differences and joined hands to fight a common enemy Covid -19. Our Prime Minister Modiji extended help to other nations by providing vaccines and other medical equipment .We have seen the world as a global village.

We have learnt that an invisible enemy in the form of a virus can take our life. How ephemeral is our life! During the pandemic teaching learning activity took a new dimension. Home schooling and hybrid classes became the new normal. By the grace of God we are all safe. Very soon we will revert to pre covid life style. Schools will have regular offline classes soon. Happy to learn that Newsletter is ready for release. I congratulate the editorial board for their great effort. Let us sing Barbra Streisand's song together

Happy days are here again
The skies above are clear again
So let's sing a song of cheer again
Happy days are here again
With the blessings of Almighty God we will soon have happy days.

Dr. S.A. Joy Raja Chairman Rajas Group of Institutions Since March 2020 we have seen many changes. Lockdown, curfew, homeschooling etc made us realize that no condition is permanent. How many perished during this pandemic. Both teachers and the taught had to learn how to use online platform. There were many hiccups initially. But it gradually became a new normal.

Network issues compounded the issues. There were learning gaps. All the same old teachers did their best to make the online classes effective. Parents were very supportive. Thank God, there was no casualty among our school fraternity.

With the decline in Omicron,I hope we will be able to revert to hybrid in the last term.Parents can choose online or offline this academic year.I thank everyone for the unstinting support given to us during this period.I wish you all the very best.We have only one life.Let us live it for others to emulate.

Magnanimity makes friends out of foes. In a world full of friends, we will never run short of smiles and laughter, the two essential ingredients to prepare the medicine for longevity. Covid 19 has taught us big lessons. One of them is 'The rarer action is in virtue than in vengeance' the philosophy Shakespeare proclaims through Prospero. Let us make friends and not enemies. God bless!

Kuriakose M.O CEO.



Editorial

It is an exciting moment to finally be publishing the third edition of e-newsletter Pulse, after the successful publication of its previous two editions. This edition contains contents from a variety of events that concerned with the school. Without the hard work of the dedicated staff and students, it wouldn't have been possible. Learning anything requires commitment and the ability to push through the uncomfortable feeling of not being good until reaching competency. While on the path to competency, a little motivation can go a long way; which happens at TRIS.

Here, all our thoughts, speech and actions revolve around the overall development of the students. As already show-cased in the first and second edition of the newsletter, this edition also brings information and reports on various events organized by the team at TRIS, which includes some special events like - teachers' day celebration, investiture ceremony and vidyarambham. Besides preparing pieces for publication, all proved their enthusiasm and willingness to step outside of their regular duties to make these events a colorful remembrance of tomorrow. I am grateful to the entire teaching staff, non-teaching staff, students and all above our torchbearer, Mr. Kuriakose.M.O, the CEO at TRIS.

I truly believe that everything that we do and everyone that we meet is put in our path for a purpose. We all are learners. Trust our positive instincts and do our best under any circumstances, simply do your best. No matter what you are going through, there is a light at the end of the tunnel and it may seem hard to get to it but you can do it. Just keep walking towards it and you will find the positive side of things.

This third edition of the e - newsletter is thus an outcome of our tremendous hard work of TRIS team, which we offer to our readers to surf through.

1 hope you enjoy this piece as much as 1 have.

V. Arunmohan

EducationW@rld





Annual Education world award launched in 2007 has evolved and matured into the world's largest schools rating and ranking initiative. Every year EWISR rates over 3000 of India's best reputed primary – secondary schools on 14

parameters of excellence. For this annual exercise, over 11000 sample respondents including eminent educators, Principals, teachers, parents and senior school students are interviewed by field personal of Delhi based centre for forecasting and Research Pvt.Ltd.(C fore), a Nationally reputed market research and opinion polls company. They rate schools in then zonal region under each parameter on a scale of 1 – 100 with the critical parameter of teacher competence accorded double weightage. The scores awarded to schools under each parameter by the sample respondents are totaled and schools are ranked with sensationally in the states and cities.

TRIS Kurichy was ranked 8 in all India and 1 All Kerala in career counseling Leadership category. During the pandemic we conducted many programmes online. Coffe@TRIS which started in August 2020 has become a monthly motivational talk show by eminent speakers of national and International repute. Vice chancellor of MG University Dr. Sabu Thomas, CEA Dr. Subramanian Krishnamurthy, Mr. Amitabh Choudhary IPS, PSC chairman Jharkhand and several top ranking IAS,IPS,IFS,IRS officers, entrepreneurs, technocrats etc were some of the speakers. It was anchored by our students. Coffee@TRIS was instrumental for the Grand Jury Award accorded to our School

Abhilash S Coordinator(CBSE)



RELEASE OF NEWSLETTER 2 BY CINE ARTIST CUM FAMOUS SCRIPT WRITER Sri. BABU KUZHIMATTOM



CAIE RESULT

There is no secret to success. It is the result of preparation, hard work and learning from failure. This edition of e-newsletter has the privilege to announce the CAIE result of TRIS.



Great things are achieved through great leadership and great leaders are created in the four walls of a classroom.

The investiture ceremony is one of the memorable events of every new academic year. This gives an opportunity to discover the leadership quality in the students.TRIS held the ceremony with great enthusiasm. It was an occasion where the young students were all prepared to don the mantle of leadership and discharge the responsibilities entrusted to them by the school.

The event began with lighting the lamp followed by invocation where the students are conferred with the rank and honor of Head Boy to Joel Jaison, Head Girl to Leenamol, Sports Captain to Hari Govind and Prayaga, Cultural Activity Secretary to Irene Lucose and Kevin Thomas, present MLA). He also conferred the bene-House Captain to Roanna, Ann Thomas,

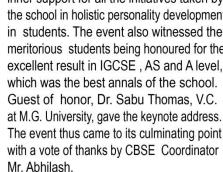
Harichandana and Sancia and Deputy Captain to Sain, Sion, Abhijit and Aryan.

Our CEO, Mr. Kuriakose M.O. gave the presidential address. It was a moment of



pride and honour for all the office bearers as they walked up the stage to receive their sashes and badge from our Chief guest, Shri. Oommen Chandy (former C.M. and dictory address to everyone, declaring his

inner support for all the initiatives taken by the school in holistic personality development in students. The event also witnessed the meritorious students being honoured for the excellent result in IGCSE, AS and A level, which was the best annals of the school. Guest of honor, Dr. Sabu Thomas, V.C. at M.G. University, gave the keynote address. The event thus came to its culminating point with a vote of thanks by CBSE Coordinator



leacher's Day



The day was celebrated to pay tribute to Dr. Sarvepalli Radhakrishnan and also to honor our teachers - the most adorable people, who provide the power of knowledge and education and create possibilities for a better future. When the whole world is in the grip of pandemic and lock down; teachers kept on imparting knowledge to children through online platforms. As a token of love and respect towards our teachers a program was organized at school.

The program began with a prayer by Miss. Taniya. Followed by a welcome address by the principal, Mr. Johnson P.V., Honorable MLA of Changnacherry, Mr. Job Michael was the guest of honor

to the program; who gave away the awards to the teachers for their



With a vote of thanks by Mr. George Antony, CAIE Coordinator, the event of the day came to an end leaving behind a beautiful memory in the heart of everyone.











Vidyarambham or Vidyarambh is one of many customs and rites practiced in India. 'Vidya' means 'knowledge' and 'arambham' means 'to start'. Basically, vidyarambham means initiation of knowledge. The purpose of this ceremony is to foster an enthusiasm for study in a child's mind from a young age. TRIS hosted this ceremony during Vijyadashmi at 8:30 am under the noble direction of Rev. Father. Solomon OIC and Shri Babu Kuzhimattom; a renowned story writer.

















July Edition

Ms Deepa Gopalan Wadhwa IFS (Retd) addressed the student community on July 24, 2021. With surgical precision she discussed The Indian Foreign Service as a career option. She stated that it was an honour working for the Government of India and representing such a large democratic country in foreign lands. Her vast experience in the Foreign Service left an indelible imprint in the minds of the students. The students from three schools- TRIS, Kottayam; SJPS, Thiruvalla and Shalom Public School attended the session.

Adv. SAS Navaz IRS (Retd) led the session on Aug 28, 2021. His discussion focused on the importance of sports in schools and the career options in sports. In addition to giving fitness to the body, and rejuvenation to the mind, sports gives subsistence also. It was a new light for the students to know that a promising career is waiting for them in the field of sports.



August Edition

Poffee@ Tris is a flagship programme of TRIS Xurichi, Xottayam. St is a platform where our students interact with nationally and internationally renowned dignitaries. The programme helps the students to acquire skills to improve communication, confidence and motivation to reach

their greatest potential.



September Edition

Ms. Seema Nayak , Chief Compliance Officer, NCDEX , opened a less trodden path i n front of the students. She discussed careers in the Stock Exchange on Sept 25, 2021. The students were really enthralled by the scope of this new area opened for them now as they followed the intricacies and thrills of trading on the stock exchange.

Ms Elizabeth Kuruvilla, MD, Green Shine, UAE interacted with students on October 23, 2021 on corporateur to entrepreneur. She highlighted her experience as a corporateur and her shift to be an entrepreneur giving a vivid description of her career graph. The students from the four schools- TRIS, Kottayam; SJPS, Thiruvalla; OEM Public School, Eraviperur and Shalom Public School were greatly benefited by the session.





November Edition

In the month of November Dr.Harish Ramaswamy, the founder and Vice-Chancellor of Rachur University was the resource person for the Coffee@TRIS. His topic was "Dialoguing among younger generation". He pointed out that parents must be the first person who should be accessible and break up the taboos. As teachers we should break the monotony of one-sided discussions and so dialoguing is important to boost their confidence. Students should be asked about their priorities and we should have a listening ear. Primary education should revolve around building good citizenship. Our identity depends on the knowledge we have attained and as educators we are the second parent to them. A child is not a mould but a human being and we should understand and appreciate the interest of the child for him to blossom and hence listening to them plays a key role in shaping their personality as a whole.

On Dec.18th 2021, school had organized coffee@TRIS,which was led by Shri K Roy Paul IAS (Retd) former Civil Aviation, Secretary member of UPSC. The talk was on topic 'Your future is in your hands'. In his talk he focused on how to concentrate on your goal to achieve success in your life. Success comes from hardworking. Step by step planning will enable to start working towards achieving it. The talk was enriching based on his life. Our students were motivated from his talk.



TRIS Teacher empowerment Programme



July Edition

Pearls@ TRIS was organised on July 10, 2021. Ms. Latha Prakash, Principal, renowned CBSE Trainer and national awardee was the resource person. She spoke about competency-based teaching. It was an interactive session where she discussed various aspects of teaching and how best to improvise with the current scenario. The teachers should be competent to guide the students to 21st century equipping them with the necessary skills. The session was so good that the teachers from TRIS, Kottayam; SJPS, Thiruvalla and Shalom Palakad opined that they got a new direction.



August Edition

On August 7, 2021. the school witnessed another episode of Pearls@TRIS which was led by Ms. Anitha Nair, a Fulbright scholar and author. The topic was 'Why appam is fluffy?' She threw light on the importance of making the children curious about the subject they learn. She corroborated that the world we live in presents miracles every moment. The only thing that the teachers have to do is to stir the curiosity of the students. She elucidated it with many anecdotes and incidents.



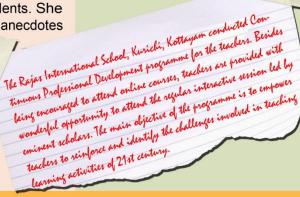
September Edition

Sept.18, 2021, the school had Dr. Ruble Raj on the platform of Pearls @ TRIS who spoke on teacher effectiveness. His vast experience as the principal of a renowned college was reflected in the session. He earmarked all the areas where teachers should be effective. Teachers could ponder ove the role they have in society.



October Edition

Once a Teacher, Not Always a Teacher' was the topic for Pearls@TRIS conducted on October 30, 2021. Dr.Rajeevan Karal, former professor of CIEFEL and former Vice President of Cambridge Press, was the Guest Speaker. He has a wide range of experience as a teacher, trainer, and writer, with many of his books on language published by Oxford Press. He called forth for continuous learning and growth.



November Edition

On November 02, 2021, the chool witnessed another episode of PEARLS @TRIS Which

was led by Dr.Thangadurai, the director/Principal of Presidency Group of Schools Bangalore. He is also a proud recipient of the prestigious National Award for his contributions to education. The topic was "LEADING TO LEARN". It was an interactive session where he discussed the importance of teacher vision. Teachers should buildup a vision to become a leader in every aspect. The session was so good that the teachers from TRIS Kottayam, SJPS Thiruvalla, and Shalom Public School Palakad participated enthusiastically.

Special Assemblies

World Blood Donor Day:





World blood donor day is celebrated on 14th June every year . Virtual assembly was conducted by students of TRIS . Sancia Abraham of grade 10 (IGCSE) anchored the assembly under the guidance of Science teacher, Mrs. Vismi Udayakumar. The assembly started with the blessings of God and Bible reading by Ashriya Santosh. Followed by pledge, thought and word of the day, the assembly headed towards its predominant part - speech on Importance of Blood - delivered by Samuel Titus. Kevin updated with the latest news. Dr Jyothish P, an assistant professor in blood transfusion medicine and medical officer at Blood Bank Government Medical College Kottayam, was the guest speaker on world Blood donor day who

furnished us with details of blood transfusion. Dr Abhraham Varghese, past State President of the Indian Medical Association, also shared his views on the importance of blood donation. Tasmay and Tanmay presented a meaningful skit on blood donation. An informative speech was given by Mrs Vismi Udayakumar on world blood donor day. A wonderful message was delivered by Principal, Johnson Vargesse as a closure part of the day's assembly which was followed by the national Anthem.



"The greatest threat to human existence is our own lack of ability to control our own growth." Highlighting the importance of World Population Day, a virtual assembly was conducted on 11th July, 2021 under the coordination of Mrs. Sheena Paul. The Assembly started with a prayer followed by a prayer song. It included the pledge, thought for the day, word for the day and a speech on the day's topic; all by our dear students. To conscientize the importance of the day, Dr.Sajini B Nair, a Social Scientist at Population Research Centre (Ministry of Health and Family, Kerala State) was our special guest in the assembly who spoke on the day's importance. A video related to population studies was shown during the assembly. Mr. Johnson, our beloved Principal, gave an informative talk on the topic as well. The virtual assembly ended with the national anthem.

Onam Celebration

India is referred to as the land of festivals owing to its rich amalgamation of different cultures, diverse history, languages, religious sentiments and different traditions in all states. Onam is one of the biggest festivals in the state of Kerala and is celebrated with great vehemence by Keralites all over the country.

Today, the pandemic has moved onam celebration for both families and offices to virtual platform. Our school has orchestrated a series of virtual events, assemblies and competitions. Onam was not a dull affair during this pandemic. A virtual assembly was conducted with the active participation of students and teachers. The assembly highlighted the various cultural activities performed concerning Onam. The entire program was anchored by Tanya Thomas, prayer song by Thasmayi and Thanmayi. Prayaga, Roanna, Tanya, Siva, Ashriya and Aryan gave insight into various onam celebrations such as onappattu, onapookkalam, and vanchipaatu. Govind sang vanchipaattu. A video show "Onavivaranam" (a desciprtion on Onam) added a gem to the show. A wonderful show by the students dressing up in Onam attire was the most attractive part of the assambly. Principal, Mr. Johnson, Remya Miss and Anna (Grade 7 student) expressed their views in their speech.



International Girl Child Day:



International Girl Child Day was celebrated on 11th October 2021 to spread awareness about the inequalities that girls face in the society. Kevin Joseph, a student from grade XII gave a speech highlighting the need to have gender equality. The Guest Speaker for the occasion, Dr. Shiny Antony Rauff highlighted the importance of promoting gender equality through an activity which carried the message for everyone. Principal, Mr.Johnson Varghese, in his message exhorted all the students to give due importance in respecting girls and to raise their voice against the ill- treatment of girls in society. The teacher in charge of the assembly, Mrs. Mini George emphasized the importance of treating girls equally as well as giving them equal opportunities in all walks of life. Students presented a skit depicting the importance of instilling the need to conscientize the young generation about gender equality.

of TRIS. Angel dance by primary students and Christmas dance by the of tiny tots added beauty to the entire celebration.

Special Assemblies

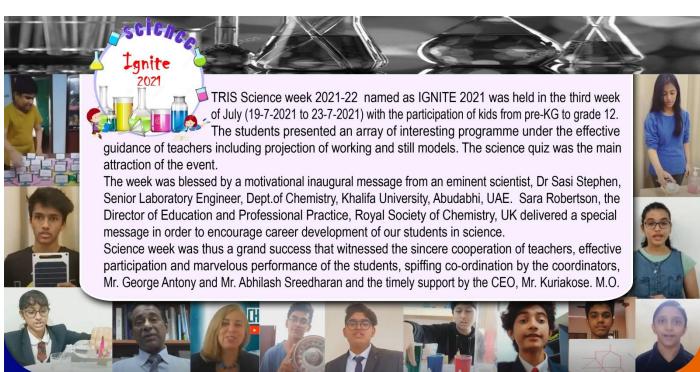
National Sports Day



A Virtual Assembly on National Sports Day was conducted on 29th August to commemorate the birth anniversary of the hockey wizard, Major Dyan Chand Singh. Students from grade I to VII displayed a variety of programs by providing various information and throwing light on the relevance and significance of sports in our lives. Twin sisters showcased a beautiful presentation on the importance of sports along with some ideas of their favourite games with its details. Mrs. Anita Noble, who was in charge of the assembly expounded that every sport is connected with different skill development. Mr. Praveen (HOD) Physical Education Department of Kanjirapally College emphasized the fact that, the need of the hour in this pandemic situation is to stay fit and healthy. He further pointed out that 'A healthy society can only make a healthy nation." "A healthy mind resides in a healthy body." Principal, Mr.Johnson Varghese added. He also urged students to eat well, exercise well and enjoy fresh air.

Christmas Celebration







Híndí Week On account of Hindi Divas on September 14, students from grade 1 to 5 observed Hindi week and entertained all by presenting small poems on various subjects and speeches, showering their love for the language. Poems also included wishes and dreams with strong message.

Speeches on the importance of the Hindi language were very well presented with clear concept and apt ending. Thus, the week ended with a lot of bliss and boosted their confidence level in the language.



Social science week

Education is not only learning of facts but training of minds to think. When we are having a good time, learning becomes an easy task and not strenuous. To make learning a joyous experience, Social science week "The Path Finder "was observed in the month of October for class 3 to 10. Students had an active participation by presenting projects based on three different themes; including our heritage, living in harmony with nature and civic sense.



THE RAJAS INTERNATIONAL SCHOOL

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